

INFORMATION SHEET FOR PARTICIPANTS

Research Title:

Levels of risk of poor outcome, in relation to the StarT Back Screening Tool, in Non-Specific Lower Back Pain patients presenting to an Osteopathic teaching clinic.

We would like to invite you to participate in this research project. Before you decide, it is important for you to understand why the research is being done and what it will involve. Please take time to read the following information carefully and discuss it with others as you wish. Please ask us if there is anything that is not clear or if you would like more information. Please take your time in deciding if you wish to take part.

If you do decide to take part, you will be given this information sheet to keep and asked to sign the attached consent form to say that you agree and understand what this study is about. You are free to withdraw at any time and without giving reason. Thank you for reading this.

What is the purpose of the study?

The aim of this study is to scope lower back pain patients attending the ESO teaching clinic and categorise them in risk groups in relation to their lower back pain. This study will investigate the overall risk level that the majority of the ESO's patients are exposed to and also find common associations between social factors and risk groups of lower back pain patients.

Who have we asked to participate?

We have asked patients of the ESO who are suffering with Non-Specific lower back pain to take part.

When and where will the study take place?

This study is just one simple questionnaire.

How long will the study last?

As before, this study is just one simple questionnaire and should take less than 5 minutes.

What will happen to me if I take part?

Your data, amongst other participants, will be gathered and used within the research to find common associations between social factors and risk categorisation in regards to your lower back pain.

Are there any risks involved in participating?

As this is not a physical experiment, there are no risks regarding your participation.

What if there is a problem or complaint?

If there is a problem at any time and you would like to contact someone regarding the study then your contact should be:

| | Name | University Address | Contact Information |
|-------------------------------|----------------------|--|----------------------------|
| Principle Investigator | Thomas Cowdry | European School of Osteopathy, Boxley House, The Street Boxley, Boxley, Maidstone, Kent, ME14 3DZ | Thomascowdry@eso.ac.uk |

If you have any complaint or you would like to discuss an element of the study with an independent party, your contact should be:

| | Name | University Address | Contact Information |
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| Head of Research & Professional Development | Philip Bright | European School of Osteopathy, Boxley House, The Street Boxley, Boxley, Maidstone, Kent, ME14 3DZ | philbright@eso.ac.uk +44(0)1622671558 |