

Osteopathy



Course enquiries

Call: 01622 671558 Email: admissions@eso.ac.uk Visit: www.eso.ac.uk

European School of Osteopathy
Boxley House, The Street
Boxley, Maidstone
Kent ME14 3DZ

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ESO 
European School
of Osteopathy

Undergraduate
Prospectus



Contents

Welcome to the ESO	02	Welfare & Accommodation	16
Why study at the ESO?	03	Student experience	18
What is osteopathy?	05	Entry criteria	22
A career in osteopathy	06	How to apply	23
About the School	08	Fees & funding	24
Clinical education	11	At a glance	26
Research in osteopathy	12	What our Alumni say	27
Academic standards	13	Visiting the School	28
Our Programme	14	Directions & Contact us	29

Welcome to the ESO

At the ESO you'll benefit from a wealth of teaching experience, with people who are passionate about osteopathy

Choosing to study osteopathy is life changing - it begins a journey of personal development and is the first step towards a fulfilling healthcare career. Deciding on a course and a learning environment that's right for you is crucial.

At the ESO we are proud of our strong student community; our unique teaching facilities and inspiring degree programme attract students from across the world, creating a lively, cosmopolitan environment. We understand the journey to becoming an osteopath is challenging, which is why it takes 4 years of intensive study; students must gain an in-depth knowledge of the human body and develop advanced diagnostic, communication and treatment skills. We value our friendly and supportive

atmosphere and we understand that each student has their own way of learning; our team of experts is on hand to support particular educational and learning needs. At the ESO we have an outstanding reputation for high quality osteopathic education. We teach a broad range of approaches and techniques and provide students with exceptional clinical experience; courses in business, research and professional development ensure students are fully equipped for modern practice life.

Graduating with such a range of skills ensures graduates of the ESO are in high demand and our alumni can be found practicing across the world, often at the forefront of the profession.

“ With a wide range of approaches in their toolkit to care for patients, our graduates are set on the path for a successful and fulfilling osteopathic career ”

Ian Fraser, Principal & CEO



Why study at the ESO?

A broad curriculum

You'll study one of the broadest programmes of osteopathic education in the UK, with cranial and visceral techniques introduced from Year 1. Our Extended Practice module also gives final year students the opportunity to study a chosen area of clinical practice in more depth.



An established teaching clinic

You'll complete around 1,200 hours of clinical training within our established teaching clinic, where you'll have hands-on exposure to specialist clinics, including sports, headache, women's health and mother and baby care.



Inspirational teaching

You'll learn from the experts; over 95% of our faculty are practising osteopaths, passionate about their profession and committed to providing the highest quality teaching and learning support, many with experience of teaching osteopathy internationally.



Preparation for your future career

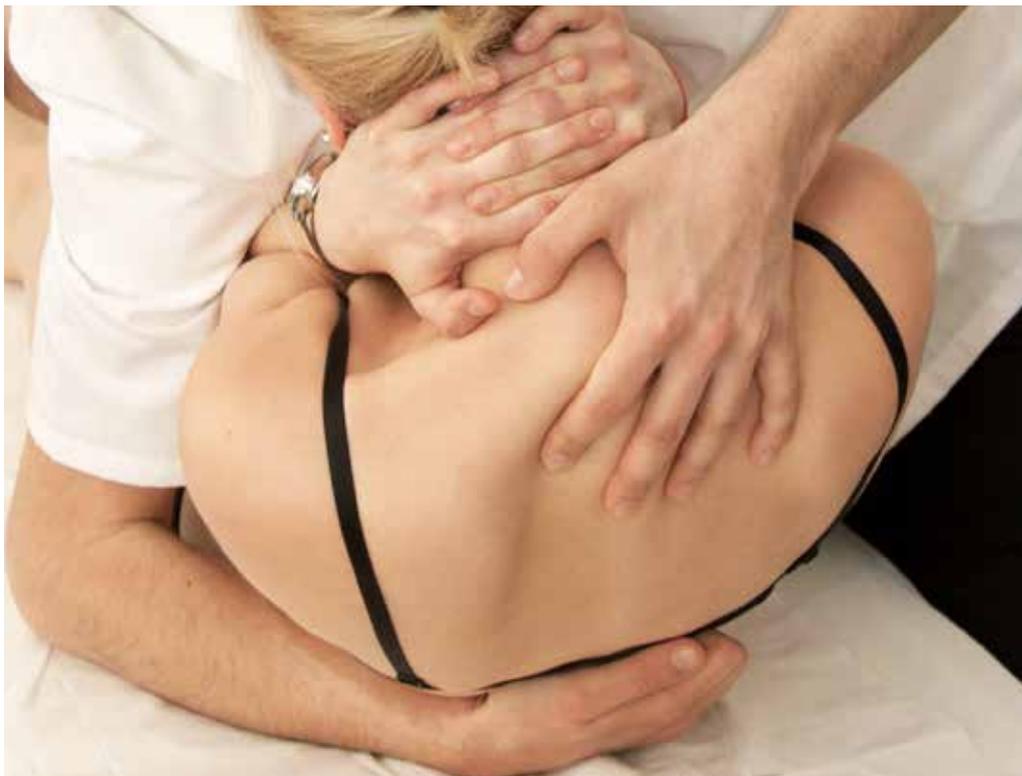
You'll graduate with the professional and clinical skills you need to become a registered, practising osteopath, prepared for a career of continued professional development and lifelong learning. You'll also have a solid grounding in business development so you are ready to set yourself up in practice.



A superb learning environment

Boxley House is based in an idyllic location, set in 16 acres of parkland in the heart of the Kent countryside yet convenient for London and mainland Europe. The ESO Clinic is centrally located in Maidstone with modern facilities and access to a diverse patient population reflective of osteopathic practice.





What is osteopathy?

Patients' lives are multifaceted, which is why osteopaths evaluate the whole picture

Osteopathy is a distinct approach to healthcare founded by American physician Dr Andrew Taylor Still (1828 - 1917). It is an holistic approach based on the principle that the function (physiology) and structure (anatomy) of the body are inter-connected - for the body to work well the skeleton, muscles, ligaments and connective tissues need to work smoothly together.

How do osteopaths work?

During the first consultation, an osteopath will take a detailed case history. This will be followed by a thorough physical and clinical examination to identify the patient's problems and any diseases that might be responsible for their symptoms. The osteopath will explore factors such as the patient's mobility, posture and general state of wellbeing and may consider lifestyle factors, physical activity and levels of stress; after arriving at a working diagnosis, the osteopath will discuss their findings with the patient and agree a treatment and management regime. In some cases patients may be referred to another

healthcare professional or to their GP for further investigation.

Treatment is tailored to meet the individual needs of each patient - at every stage of life from birth to old age. Working with their hands, osteopaths apply a range of techniques to help reduce pain, increase joint mobility, relieve muscle tension and enhance the blood and nerve supply to tissues. The osteopath may also provide advice on lifestyle issues, diet and exercise. The aim is to help the body's own healing mechanisms and restore balance, where possible without the use of drugs or surgery.

Regulation of osteopathy

In the UK the title Osteopath is legally protected under the Osteopaths Act 1993 and only those registered with the General Osteopathic Council may use the title. Osteopathy is also recognised by the National Health Service (NHS) England as one of the Allied Health Professions.

Osteopathy can help:

- Sports related injury
- Expectant mothers
- Newborn babies
- Muscular aches and pains
- Age related joint pain
- Stress-induced headache
- Issues caused by poor posture
- And more ...

A career in osteopathy

Osteopathy offers graduates flexibility, with the freedom to work where and when you choose

Osteopathy is an excellent choice for those with a keen interest in how the human body functions and a desire to help people. The profession also attracts people who want to start their own business, working independently or as part of a small team, and it is a good choice for those who want to balance their career with family life.

Osteopaths may choose to work within an established practice as an associate or branch out on their own, renting a treatment room within another healthcare clinic. A small but growing number of osteopaths work within the NHS, usually on a contractual rather than employed

basis. Those with an interest in growing a business may decide to develop their own practice, employing associates and other healthcare practitioners.

The ESO has a large fraternity of graduates practising overseas, where their clinical experience and osteopathic knowledge and skills are very much in demand.

Depending on the osteopath's preference, their patients and day-to-day activities can vary considerably. Some osteopaths choose to specialise in an area of particular interest such as sports, maternity or babies and children. While others thrive on the variety of general practice, treating anyone from newborns to the very elderly. Those with a passion for animals may choose to undertake further training, building a mixed patient list of humans and animals.

Lifelong Learning

The ESO offers opportunities for osteopaths to further develop their skills through postgraduate courses. These may include cranial, visceral or structural approaches, antenatal and neonatal care, chronic pain, applied research or animal practice. As a regulated profession, all osteopaths practising in the UK must continue their professional development in order to maintain registration with the General Osteopathic Council.



“

I love the flexibility and diversity that the profession encourages. I particularly enjoy the challenges of clinical work – it drives me to constantly learn as you are frequently presented with challenging cases that require a great deal of careful thought and consideration

”

ESO alumnus Peter Horobin specialises in sports osteopathy and has worked with a number of teams; in 2017 Peter was selected to be part of the medical team for the World Para Athletics Championships and, in 2018, was appointed Lead Osteopath at the IAAF World Indoor Championships.

About the School

With around 240 students at the ESO, you'll never feel you're an anonymous face in a crowd

Our locations

We have two sites; the academic site in Boxley, where most lectures take place, and the outpatients clinic in Maidstone where students treat and manage patients from the local community. The historic town of Maidstone is just 35 miles from London. It is a bright and lively town, with access to a great range of amenities. Boxley is a picturesque village just outside Maidstone set in an Area of Outstanding Natural Beauty.

History of the ESO

The School was established in Paris in 1951 as Ecole Française d'Ostéopathie, relocating to England in 1965. The original Maidstone site is now the dedicated teaching clinic, where students treat members of the public, supervised by experienced practising osteopaths.

The ESO is renowned for its broad range of osteopathic approaches and it has a rich history of innovation and inclusiveness: modern visceral osteopathy began at the ESO; balanced ligamentous and spinal and pelvic joint muscle energy techniques were introduced to Europe from the USA; and the ESO was first to extensively teach and practice paediatric osteopathy and indirect and cranial approaches at undergraduate level.

Our Degree Programme

At the ESO, we appreciate the need for modern-day osteopaths to have a well-rounded education. Our four-year degree programme prepares students for life as a professional clinician with all the attitudes, values and behaviours this requires. Our osteopathic teaching reflects and respects the history of the profession, with osteopathic philosophies and traditions integrated into our curriculum.

From year 1, students learn a wide range of osteopathic approaches to enable them to treat a variety of patient groups; students are taught how to critically apply these approaches, with clinical evaluation informed by current evidence and research. Our dedicated teaching clinic offers an outstanding learning environment where each student gains over 1,000 hours of clinical experience.

Being a successful osteopath requires more than diagnostic and practical skills. That's why we teach communication, leadership and team working, business management and career planning through to personal development. In other words, all that is necessary to run a busy and modern successful osteopathic practice, work with other professionals as part of a specialist multi-disciplinary health service or work within an NHS setting.

Teaching and Assessment

We use a variety of teaching and learning methods including lectures, problem-based learning, practical classes, student presentations, seminars and reflective work. Our broad range of assessment methods is designed to capture the maximum potential of our students and includes coursework, clinical assessments, poster presentations, theory and practical exams, in-class and online tests, a professional portfolio and research dissertation.

Learning resources

The ESO offers a range of excellent resources to support students' learning:

- More than 7,500 texts on a wide range of medical and health sciences
- Undergraduate and postgraduate research projects and dissertations
- A collection of journals in the field of osteopathy and manual therapy
- Photocopying and printing facilities
- Educational software plus video recordings of in-house lectures and tutorials
- More than 200 anatomical models
- Links with other osteopathic and health libraries, enabling inter-library loans
- Access to online databases through our partnership with Buckinghamshire New University
- Access to the ESO's Virtual Learning Environment (VLE) - the Learning Zone
- A computer room plus laptops available for students to borrow

Our Community

ESO students come from all over the world and range from school leavers to career changers. This cultural and social mix enhances our students' personal development and enriches their experience. It also leads to international friendships that can last a lifetime.

The ESO's friendly and informal atmosphere ensures everyone feels at ease and we all pull together to make the course fun and enjoyable. We want our students' experience to be truly life changing and above all we want to inspire the next generation of osteopaths.





There is an extremely rewarding sense when a child engages in treatment. The results can be immediate and you know you are doing the little one a great service. Some of my happiest moments are hearing parents say their baby seems completely settled after treatment.



ESO Alumna Alana Wood travelled from Canada to the UK to study osteopathy at the ESO. Since qualifying in 2016, Alana has practised in Belgium, specialising in the treatment of babies and children.

Clinical education

Our established teaching clinic provides hands-on experience, with student practitioners treating patients of all ages

Clinical education is a pivotal part of an osteopathic student's studies and one of our strengths is our in-house clinic facility. The ESO Clinic is Kent's largest osteopathic clinic, with 21 treatment rooms and an on-site diagnostic ultrasound facility. Around 20,000 treatments are carried out each year by third and fourth year students under the supervision of clinic tutors. Working in small groups, students are able to draw on the knowledge and experience of our clinic tutors, who are also experienced, practising osteopaths.

We provide students with gradual exposure to the clinical environment, with observation beginning in Year 1. Each student will spend approximately 1,200 hours in the clinic (a combination of treating and observing), with a minimum of 50 new patient interactions. Students treat patients of all ages and backgrounds within the general outpatient clinic. The ESO also offers specialist clinics, which provide experience with a variety of patient groups and conditions, including hands-on experience with pregnant mothers, babies and children.

Our specialist clinics include:

- Maternity & Children's clinics
- Sports
- Headache
- Women's Health
- Musculoskeletal Diagnostic Ultrasound

As part of the Extended Practice module, fourth year students have the opportunity to develop competence in areas of special interest. Current elective options can be found on our website.

The ESO Clinic enables students to put into practice the knowledge and skills they have acquired over the first two years of the M.Ost programme. As they continue to gain knowledge, skills and experience they will achieve the ultimate aim of becoming an autonomous, competent and successful healthcare practitioner.



The clinic was really important when I was deciding where to study. I especially liked the fact we had clinic observation in our first year



Syxtine, Yr2 ESO Student

Research in osteopathy

Our research team offer the help our students need to succeed

As a stakeholder in the National Council for Osteopathic Research (NCOR), we are committed to supporting research around osteopathy and physical activity. Members of the ESO Research Team are qualified as osteopaths and are also experienced researchers, contributing to wide-ranging publications in peer-reviewed journals and presenting work at national and international conferences. The team are also actively involved in collaborative research at an institutional level; you can find information about current research and our partners on the ESO website.

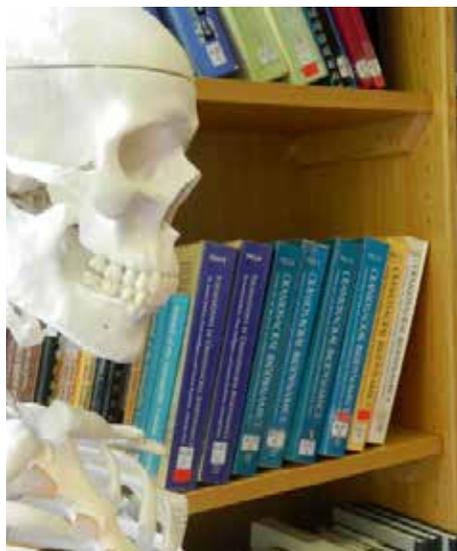
The dissertation

Over the final two years of the programme, students work to produce a dissertation, in order for them to become comfortable

with using research in relation to their clinical practice. They may choose to take part in one of the ESO's institutional research initiatives or design their own project in close collaboration with the Research team. There are various approaches students may take: questionnaire studies, experimental designs, qualitative studies using interviews or focus groups, or a structured literature review. For those interested in experimental designs, we have a range of equipment available for data capture pertaining to areas such as muscle activity, balance, blood flow, range of movements, cardiac function and others.

Students are supported throughout the research process by a team of Senior Dissertation Supervisors and the Head of Research and Professional Development. Together they assist students with the production of the initial protocol, data gathering, analysis and presentation of findings. Students who produce good quality undergraduate research are actively encouraged to publish and disseminate their work widely. A prize for most publishable research is awarded at the Graduation Ceremony each year.

Our skilled and experienced team is motivated, enthusiastic and well equipped to help with any challenges students may have. They understand that some students have difficulties with the field of research, and all that it entails and are ready to provide guidance as necessary.



Academic Standards

Buckinghamshire New University

The ESO is a Partner College of Buckinghamshire New University. The University validates the Integrated Masters Degree in Osteopathy, supporting the highest academic standards. When joining the ESO, students also become registered students of the University, providing access to facilities such as online library databases and membership of the National Union of Students (NUS).

International links

We have a long tradition of forming links with organisations across Europe; this has broadened and enriched the standard of teaching at the ESO and helped improve academic and research standards internationally. The ESO's links provide a wide range of professional opportunities for our graduates, enrich the undergraduate teaching programme and faculty and provide professional development and teaching opportunities for our alumni.

GOsC Registration

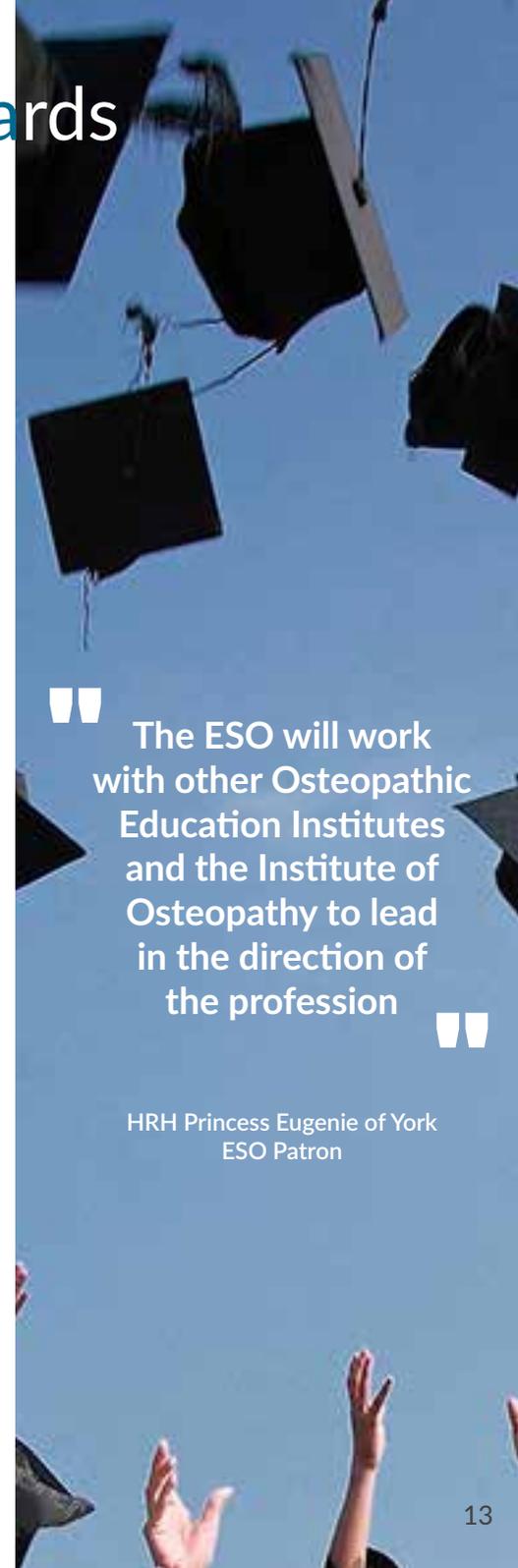
Our programme is recognised and regularly inspected by the UK's statutory regulator, the General Osteopathic Council (GOsC); upon successful completion of the degree, graduates are eligible to apply for registration in the UK. This internationally recognised status also places graduates at a strong competitive advantage overseas.

Development of the profession

The ESO works closely with the UK's professional body, the Institute of Osteopathy, and with other osteopathic schools to share best practice in education and to advance the profession.

“ The ESO will work with other Osteopathic Education Institutes and the Institute of Osteopathy to lead in the direction of the profession ”

HRH Princess Eugenie of York
ESO Patron



Our Programme

The M.Ost curriculum is divided into four academic themes, which focus on osteopathic knowledge and skills, professionalism and clinical integration. The programme is guided by and meets the Osteopathic Practice Standards (2012) and the Osteopathy Benchmark Statement and is accredited by the General Osteopathic Council.

	Core Knowledge	Integration	Osteopathic Skills	Professionalism & Identity
Year 1 (Level 4)	<p>Anatomy I Embryology; Anatomy - terminology & overview; Palpation and surface anatomy; Human function; Prosection</p> <p>Pathophysiology I Physiological organisation; Homeostasis; Physiology of support & movement and diseases; Nervous System</p>	<p>Clinical Integration I Osteopathic management of clinical case scenarios; Communication Skills; Applying knowledge & skills to clinical cases; Introduction to Case History Taking; Osteopathic examination; Managing patient care; Clinic observation; Treatment - basic osteopathic approaches</p>	<p>Osteopathic Technique Concepts & Evaluation I Osteopathic principles & concepts; Palpation; Diagnosis & treatment approaches; Visceral & Cranial (IVM) approaches; General osteopathic treatment (GOT)</p>	<p>Professional Skills & Identity I Becoming a critical thinker; History of osteopathy & medicine; Professional practice; Patient/Practitioner expectations; Sociology;</p>
Year 2 (Level 5)	<p>Anatomy II Respiratory, Cardiovascular & Nervous systems; Gastro-intestinal tract; Excretory & Reproductive systems; Surface anatomy of key structures</p> <p>Pathophysiology II Pathophysiology & pharmacological treatment of Cardiovascular, Neurological & Lymphoid systems Psychiatric disease & its pharmacological treatment</p> <p>Clinical Methods Case history taking; Differential diagnosis; Medical imaging; Medical examinations; Orthopaedic tests</p>	<p>Clinical Integration II Osteopathic management of clinical case scenarios; Case history taking; Differential diagnosis; Examination; Patient Management; Boundaries of osteopathic medicine, with reference to other healthcare pathways; Exploration and application of Informed Consent; Clinic observation</p>	<p>Osteopathic Technique Concepts & Evaluation II Osteopathic principles and the 5 structural-functional osteopathic models</p> <p>Osteopathic evaluation and treatment using a range of approaches: Soft tissue; Articulation; High Velocity Thrust (HVT); Muscle energy; Fascial; Functional; Balanced ligamentous tension; Strain counter-strain; Visceral; Cranial (IVM)</p>	<p>Professional Skills & Identity II Research & Osteopathy; Ethics & Statistics; Hierarchy of evidence; Criticality; Communication; Biopsychosocial model/healthcare attitudes; Personality models; Pain psychology</p>
Year 3 (Level 6)	<p>Pathophysiology III Pathophysiology & pharmacological treatment of Respiratory, Gastro-intestinal, Endocrine, Urinary & Reproductive systems Nervous system & associated palsies; Dermatology; Conditions related to specific patient populations</p>	<p>Clinical Practice I Treatment and management of patients within the out-patient clinic, under supervision of qualified osteopaths. Progressive clinical responsibility for own case load</p>	<p>Osteopathic Technique Concepts & Evaluation III Integration of theory with practice by applying a full range of osteopathic approaches and techniques to all patient groups, including maternity & children, geriatric and sports related patients</p>	<p>Professional Skills & Identity III Managing psychological conditions; Setting up & managing a practice: financial planning, marketing & legal requirements</p> <p>Research Methods & Statistics Understanding research methodology & statistics to develop a dissertation protocol</p>
<p>"The M.Ost degree programme provides students with an academic education that fully prepares them for professional life as an osteopath"</p> <p>David Tasker, ESO Chair of Trustees</p>	Year 4 (Level 7)	<p>Extended Practice Work-based elective options to develop competence in areas of special interest, working with specific patient groups or workplace settings or furthering research skills</p> <p>Clinical Practice II Treatment and management of a full range of patient groups and presentations, taking progressive clinical responsibility in preparation for autonomous primary care practice</p>	<p>Applied Technique & Evaluation Consolidation and refinement of osteopathic approaches and techniques to enable autonomous and effective patient evaluation, treatment and management</p>	<p>Professional Skills & Identity IV Practitionership, osteopathic practice standards & CPD regulations; Career options & professional development; The job application</p> <p>Research Dissertation Research dissertation based on third year research protocol</p>

Welfare & Accommodation

We pride ourselves on our friendly, supportive, atmosphere

All our staff are approachable and happy to help with day-to-day problems that students may encounter. Nevertheless we recognise that some problems require a little extra help. Whether students are homesick, struggling with studies, finances, or simply need someone to talk to, our welfare team can provide support.

Disabilities

We are committed to treating all students fairly and equally and we have experience of supporting students with a range of disabilities and learning needs; applicants are encouraged to contact our Student Welfare Officer prior to starting the course so appropriate support can be put in place.

Dyslexia

Many of our students are dyslexic and we encourage new students to inform us early on in the course so we can provide support.

Personal Tutors

Personal Tutors help students feel part of the ESO community. They offer academic guidance as students progress, helping to support autonomous learning. Personal Tutors also offer pastoral support and can signpost students to sources of support, both within the ESO and externally, for advice and guidance.

Accommodation

Maidstone offers a good range of affordable accommodation and most students decide to house share, often taking over rooms when final year students graduate. We actively support students by producing accommodation listings; these are compiled and updated regularly over the summer and can be viewed online via the ESO's VLE (the Learning Zone). The Learning Zone is available to all applicants who have accepted a place on the course, enabling them to get in touch with others before they start. New students are also invited to our informal summer Applicant Day, an ideal opportunity to meet classmates and view properties together.

Student rooms

Student rooms are available close to Maidstone town centre at Bower Terrace*. These offer gated, purpose-built accommodation with en-suite facilities, which may be an option for those leaving home for the first time. There are over 100 study rooms and students benefit from shared kitchens and communal areas, as well as living in a central location.

**Student rooms available
from £65 per week per person**

As reported by previous students

*Bower Terrace is owned and managed independently of the ESO



I felt very supported in finding accommodation

Everyone is really open and ready to help in case of a problem and I think that makes us feel more comfortable to talk about personal things



Student experience

Conveniently located in the heart of Kent, Maidstone combines town living with green spaces and ancient countryside

Boxley House

Boxley House is an historic mansion that provides a relaxed atmosphere and productive learning environment. Students can enjoy Boxley's extensive grounds and idyllic nearby countryside and can access a range of fitness and games equipment within the Student Rooms. There is also a subsidised canteen providing affordable refreshments and hearty lunches. Vegetarian and vegan options are provided by the friendly catering team.

Student Clubs and Associations

The ESO Student Association (ESOSA) organises student-led social events, including a cinema club, games nights and quizzes. They also host the Inter-Collegiate Sports Day with fellow osteopathic students competing at



Boxley each year, sponsored by the Osteopathic Sports Care Association and Institute of Osteopathy. The ESOSA runs a temporary bar for events such as the Fresher's and Halloween parties and the Christmas Revue. ESOSA members also provide a warm welcome to students visiting from our international partner schools. Working alongside the ESOSA is the Student Sports & Social Club. The SSSC co-ordinates activities such as dance classes, yoga and meditation sessions, boxing and martial arts, plus weekend trips and breaks that are open to all.

The Barefoot Club is an independent student society. It invites guest speaker osteopaths and other experts in their field to share their experiences, insights and inspiration. Established in 2011 by ESO students, the Barefoot Club hosts talks and weekend workshops on a variety of topics with personal and professional development in mind.

Discover Maidstone

The historic county town of Maidstone has a rich and colourful past, as seen in Maidstone Museum & Art Gallery and through historic buildings such as the beautiful Archbishop's Palace, built in the 1300s for the Archbishop of Canterbury.

There are several town centre shopping areas; Fremlin Walk, the High Street and The Mall offer a variety of clothes shops,





chain stores and places to eat. There are also independently run shops within The Royal Star Arcade.

Nightlife and Dining Out

Whether you enjoy cosy pubs with an open fire or prefer live music, DJs and cocktails, there are plenty of options for a night out with friends in Maidstone. You can even visit a German themed beer hall! There is a choice of chain and independent restaurants; you can dine around the world with Indian, French, Italian, Thai and Turkish restaurants all within walking distance of the town centre. For film buffs, there is a town centre, eight screen Odeon cinema alongside a bowling alley. For culture vultures, a theatre offers a varied programming of plays and acts.

Sport and Fitness

With hundreds of activities and clubs across the local area, there are plenty of opportunities to be a spectator, practise your sport, or try something new. Always fancied a go at water sports? Kayaking, canoeing, paddle boarding and windsurfing are all on your doorstep at Leybourne Lakes and Mote Park. Or you can join the ESO Surf Club and head down to the coast. For cyclists and walkers there are miles of incredible routes to explore across woodland, coastal trails and the Kent Downs, which are just a few minutes from Boxley House. You can also go off-road at Bedgebury Pinetum or try out Cyclopark's BMX track. The Chimera Climbing Centre is one of Kent's finest climbing and bouldering facilities, with a full-size competition wall, top-out boulder and dedicated training area.

Exploring Kent

Here in the sunny South East, Kent enjoys a warmer and drier climate than most of the UK, ideal for exploring its 120 miles of accessible coastline and Blue Flag beaches.

Known as 'the Garden of England' Kent produces hops, vines and fruit - the annual Hop Festival in Faversham showcases the best local produce, beer and live music. Leeds Castle, described as one of the world's loveliest castles, is a regular outdoor event and concert venue and Rochester holds festivals to celebrate its ties with the author Charles Dickens. The historic city of Canterbury, dominated by its famous cathedral and renowned for its beautiful historic buildings, museums and galleries, can be reached with a short train journey.

Great Transport Links

Maidstone has excellent transport links both nationally and internationally. You can get to London in about an hour by train and there are a variety of options to swiftly reach mainland Europe; take the ferry to France from the nearby port of Dover, or drive straight on to the Eurotunnel LeShuttle from Folkestone. You can also catch a Eurostar train to Paris, Lille or Brussels or, for a cheaper alternative, there is a coach service operating from Victoria coach station, London. Gatwick and Heathrow are the two airports closest to Kent; you can connect by car in just over an hour, or via the Gatwick or Heathrow Express trains from London. London City and Stansted airports are also about an hour and a half drive from the town.



Entry criteria

We welcome applications from a wide range of academic backgrounds from the UK and overseas. Each application is considered on a case-by-case basis, taking into account all the information provided on the application form and performance at interview.

GCE A Levels

Our normal entry requirement for A-levels are grades BBC to include two science based subjects. These science subjects may include Biology, Chemistry, Physical Education (PE), Physics, Psychology, Mathematics, and Sports Science.

BTEC Qualifications

We recognise a number of BTEC qualifications that are health, science or sport related. The typical offer for a BTEC Extended Diploma would be: Distinction, Distinction, Merit (DDM). Applicants should select appropriate modules within the BTEC qualifications including anatomy and physiology. Please contact the ESO Admissions Team for guidance. We also accept a mix of A-level and BTEC qualifications,

Mature students

We welcome mature applicants. Many health and massage related qualifications, at an appropriate level, are accepted and life experience is taken into consideration. Health related Access and HE Diplomas are also accepted. Please visit our website for details.

Summer Science Course (SSC)

Students who have studied at higher level previously (eg A-level, Degree, Baccalaureate etc) but do not have a science background may qualify for entry via the ESO's two week Summer Science Course, which takes place in August. This bridging course is designed

to provide the science knowledge required for entry onto the programme. Candidates wishing to qualify for entry via this route should first apply for the undergraduate degree programme through UCAS (see How to Apply). Suitable applicants will be invited to attend an interview and, if successful, will be offered a place on the M.Ost conditional upon passing the SSC. You are welcome to contact us for an informal assessment prior to submitting an application.

EU and International Students

We are a multi-national school and accept qualifications that are equivalent to A-levels such as the Baccalaureate, Abitur, Irish Leaving Certificate etc. In most cases we will be able to establish the equivalence, but on occasion we may ask that a certified translation is provided.

English Language Requirement

Studying in a second language is challenging and we require a minimum level of English proficiency prior to joining the M.Ost programme. This is discussed at interview, when we may decide that a formal English Language qualification is required. In such cases we will normally ask for a pass in the Academic IELTS at 6.5 overall, including a score of at least 5.5 in the writing section. In order to obtain a student visa, International (non-EU) applicants may need to have passed the IELTS with the above mark.

Student Visas

The ESO holds a Tier 4 Sponsor Licence, which enables us to issue International (non EU) students with a Confirmation of Acceptance for Studies (CAS) - a unique reference number needed in order to obtain a UK entry visa.

How to apply

All applications must be submitted online through the UCAS at www.ucas.com. The official UCAS deadline is 15 January but we will consider applications after that date, subject to availability of places.

Selection process

Each application is read carefully by a member of the Admissions Team, who will make their decision on whether to interview based on:

- the qualifications achieved (or working towards)
- the content of the personal statement
- the reference

Personal statement

The personal statement on the application is an opportunity for the applicant to demonstrate they are a suitable candidate for our degree programme and ideally it should:

- inform us of the reason for wishing to study osteopathy
- provide a brief outline of an understanding of osteopathy
- demonstrate what the applicant has done to research the subject (work experience, reading etc)
- explain why they think they would be a suitable candidate to join the course

We strongly advise that applicants have observed or experienced an osteopathic treatment. Visit the GOsC website for a listing of osteopaths in your area.

Reference

The reference should be provided by someone who is not a relative or friend. Suitable reference providers are former or current teachers or employers. It should contain information about academic potential and general suitability for the course.

Personal qualities such as commitment and communication skills may be commented on. All students are required to undergo a criminal records check through the Disclosure and Barring Service.

Interviews

Suitable applicants will be invited to the ESO for interview, which forms the final stage of the selection process.

Equal opportunities

We are committed to treating all students and staff fairly and we do not discriminate on grounds of race, gender, sexual orientation, disability, religion or belief. We welcome students from a variety of backgrounds. If you have any specific needs arising from disability, please mention this to the Admissions Team as early as possible. The Student Welfare Officer will then contact you to discuss your needs so that we can make appropriate arrangements. The special demands of this highly hands-on clinical programme have to be considered realistically at this stage.

Deferred entry

We will allow applicants to apply for deferred entry, providing the entry conditions are met in the year they are set. It is not possible to defer conditional offers. Applicants who have applied through the clearing process may not defer their entry.

UCAS application codes:

Institution name: ESO
Institution code: E80
Course code: B310

Fees and funding

Tuition fees for the current academic year can be found on our website.

Tuition fee loans

UK and EU applicants studying for their first degree may be eligible for a Tuition Fee Loan through the UK Government. Information on eligibility and how to apply can be found at www.gov.uk/student-finance. As a Partner College of Buckinghamshire New University, tuition fees are payable to and collected by them.

Self funding students

Students who choose to self-fund can either pay their tuition fees in full at the time of registration or via instalments in September, January and April.

Maintenance support

UK students may be eligible to apply for a maintenance loan from the Government to help with living costs. The amount available depends on household income. Grants may also be available for students who are disabled or need help with childcare costs.

International students (non EU)

International tuition fees for the current academic year are posted on the ESO website. There is also a comprehensive International Student Guide, which provides information about joining the ESO. For up-to-date information about visa requirements, studying in the UK and associated costs we also recommend www.ukcisa.org.uk or www.ucas.com.



The course is great value for money compared to other degrees and I think I've got a lot more out of it than some of my friends have on their courses.



Daniel, Graduation Ceremony 2019

At a glance

Entry Requirements:

(see Page 22 for subjects)

A levels: BBC

BTEC: DDM

Points Equivalent: 120

GCSE: English & Maths Grade 4

Plus

Success at interview

DBS Check

How to Apply:

www.ucas.com

Institution name: ESO

Institution code: E80

Course code: B310

Name of Award:

Masters Degree in Osteopathy

Course Length:

4 Years, full-time. Direct entry into years 2 and 3 possible with Recognised Prior Learning (RPL)

Professional Recognition:

Graduates eligible to apply for registration with the General Osteopathic Council

Fees & Funding:

Please see our website for up-to-date information

Open Days:

Monthly between November and April - see website for dates and online booking. Individual visits by arrangement

Find out more:

www.eso.ac.uk

admissions@eso.ac.uk

Why study at the ESO?

At the European School of Osteopathy we specialise in osteopathic education; we have an outstanding international reputation and our graduates are in demand across the world. As an ESO student you'll gain an in-depth understanding of the human body and how it functions. You'll develop higher level diagnostic and palpatory skills and learn a wide range of approaches and techniques, so you'll be able to help a wider range of patients. When you graduate you'll have all the knowledge and skills you need to set up your own practice and to begin a fulfilling and rewarding career as an independent healthcare professional*.

We offer:-

- A broad and inclusive curriculum
- Hands-on experience within an established clinic
- Inspirational teaching with dedicated lecturers
- Business and personal development skills to prepare you for a successful career in practice
- A stunning location offering the choice of town, country and city life
- A cosmopolitan environment, learning alongside people of all ages, nationalities and backgrounds
- A friendly and supportive atmosphere
- Lifelong association with a school that cares

What you'll study

- Anatomy
- Pathophysiology
- Clinical Integration
- Clinical Methods
- Osteopathic Techniques Concepts & Evaluation
- Applied Technique & Evaluation
- Professional Skills & Identity
- Clinical Practice
- Extended Practice
- Research Methods & Statistics

*Osteopaths are regulated in the UK by the General Osteopathic Council and recognised by NHS England as Allied Health Professionals (AHPs).

What our Alumni say



I loved what the ESO taught me. Their philosophy is to provide all the tools at an undergraduate level so you are fully equipped to treat using a broad range of techniques, dependent upon what the patient requires. I was lucky to be taught cranial and functional Osteopathic techniques by some phenomenal names in the field, all as part of my studies, and even treated paediatric patients. I can truly say I have the best job! Every day is different yet inspiring.

G Dawson

I'm in Melbourne now after graduating in July. I found it super easy to get a job before I even got here and employers are so impressed at the level of technical skill I've been able to demonstrate; they can't believe how much experience we get with children and cranial at the ESO, and the clinical hours we do. As new grads we have such a huge advantage over people from other colleges in the UK and the world.

I genuinely think the ESO is the best place to study osteopathy and that's before even factoring in the wonderful people who studied with me, or the great staff that make it such a lovely place to be for four years. Studying at the ESO means never having to go through anything alone, it's such a wonderful atmosphere that gets fostered there.

A Brown

The broad range of techniques taught at the ESO gave me the confidence to start my working career being able to welcome patients of all ages for treatment, from tiny newborns to the very elderly. As a mature student (30) I was concerned about fitting in, but age was irrelevant here, we all worked together as a team to achieve our goals. I can't imagine doing anything else now, I love my job!

S Millington



Visiting the School

Open Days

Open Days are held monthly from November to April - exact dates can be found on our website. These are very popular events with places limited so advance booking is essential. To book please visit our website or contact our Admissions Team on 01622 671558 / email admissions@eso.ac.uk.

Open Days provide information on osteopathy as a career, the programme, entry procedures, accommodation and finance. They include a tour of Boxley House, led by our student ambassadors, and a visit to our teaching clinic, where there's the chance to meet some of our third and fourth year students.

A free lunch is included for all guests. Prospective students can also choose to observe afternoon lectures. Applicants who have been selected for interview and have some distance to travel will, where possible, be offered an interview on the same day.

Individual visits

The best time to visit is on an Open Day, however, we welcome visitors at any time and are happy for prospective students to visit on an individual basis. Visitors may choose to observe a single lecture or spend an entire day at the School to experience life as an ESO student. Please contact our Admissions Team to discuss a suitable date.



**"I have to say, my expectations were more than met.
The faculty, environment, atmosphere and facilities are outstanding"**

Open Day attendee

Directions

By Rail

From London Victoria: there is a regular train service to Maidstone East. The journey takes approximately 50 minutes. The Boxley site is approximately two miles from Maidstone East station. By taxi, the journey from the station will take around 10 minutes.

By Air

The nearest airports are London Gatwick and London Stansted.

By Road

M20 Junction 6: From London Turn off the motorway. At the first roundabout turn right, following signs for Maidstone / Boxley. Go under the bridge and at the "Running Horse" roundabout take the first left (Sandling Lane). After approximately one mile turn left at the "Penenden Heath" mini roundabout and the School is situated one mile further, on the right (opposite the Kings Arms public house and to the left of the church)

M20 Junction 7: From the coast Turn off the motorway towards Maidstone, turn right at the first roundabout towards the town centre. At the next roundabout take the second exit, following signs for Penenden Heath. After approximately a third of a mile turn right at the mini- roundabout and the School is situated one mile further, on the right (opposite the Kings Arms public house and to the left of the church)

Please be aware that satellite navigation and online route planners have, in the past, directed drivers onto the Pilgrims Way. This is a narrow country lane that can be difficult to traverse, particularly during the winter months. If you do intend to use a planner then the postcode ME14 3DR may provide a more suitable route.

Free parking is available on site. Directions for the clinic site are available on request.

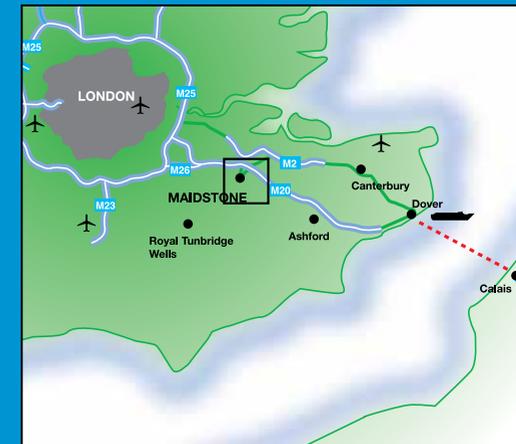
Contact us

European School of Osteopathy
Boxley House
The Street
Boxley
Maidstone
Kent ME14 3DZ

(For satnav please use ME14 3DR)

www.eso.ac.uk
+44 (0) 1622 671558

Connect with us:



The information provided in this prospectus is correct at the time of going to print (October 2019). For the most up-to-date information please visit www.eso.ac.uk.