

The Fascia

Presented by Serge Paoletti

There are no osteopathic techniques that do not involve the fascia. The purpose of this course is to demonstrate the subtleties of fascia, their mode of operation and action. Through embryological, anatomical, physiological and biological study we will discover the various treatment options related to fascia. It is necessary to devote a part of this course to theory, however the majority of time will be devoted to practical application.

Course content will include: Embryological development of tissue movement; Notions of genetic epigenetic, role of stem cells, cell communication; Biodynamic phenomena; Systematization of the fascia and concepts of clinical anatomy and pathophysiology; Pathology of fascia; connective tissue scar adhesions; Fascial constitution; Physiology, Biology, importance of water; Fascial biomechanics, tensegrity concepts; Role of fascias, their intervention in disease processes and physiological restoration; Concepts of cellular memory.

Part 1: 21-23 September 2018

DAY 1

- The various fascial techniques: application principles
- Observation tests
- Techniques with long lever
- Techniques with short lever
- Listening techniques, induction, treatment
- Techniques applied to the lower limb with anatomical and physiological pathology and clinical cases

DAY 2

- Pelvis, specific technical, keys of the pelvis
- Specific fascial techniques for upper extremity and shoulder
- The specific techniques on the spinal column
- General equilibration of fascia

DAY 3

- Fascial techniques in translation adjustment
- Dura mater techniques
- Equilibration of fascial anteroposterior lines
- General equilibration of fascial techniques

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Part 2: 25-27 January 2019

This second part will allow us to deepen our knowledge of the fascia. We will discuss the various applications of fascia, with particular interest in the cell memory. We then address the more subtle techniques such as electromagnetism, the significance of the dates of injuries and mental techniques.

DAY 1

- Discussion of Part 1 course content
- Plexus techniques
- Transfixing techniques
- Techniques of “desideration” and self-corrections
- Specific technical applications on:
 - Athletes
 - Seniors

DAY 2

- Cell memory: different works and research
- Resultant technical possibilities
- Infertility considerations
- The treatment of pregnant women and intra uterine techniques
- Fascial treatment of babies; this part will take particular account of the notions of cell memory, and epigenetic conception, with many clinical examples and practical demonstration including babies

DAY 3

- Diagnosis with electromagnetism and therapeutic possibilities
- The dating of injuries
- Mental techniques: their therapeutic possibilities and the role of water
- Using intention
- Notions of Quantum Medicine
- Discussion
- Future outlook