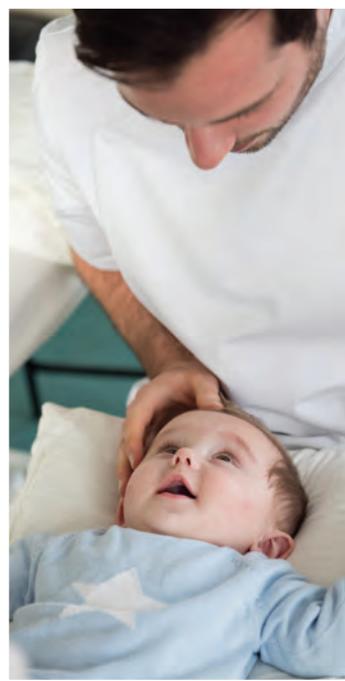


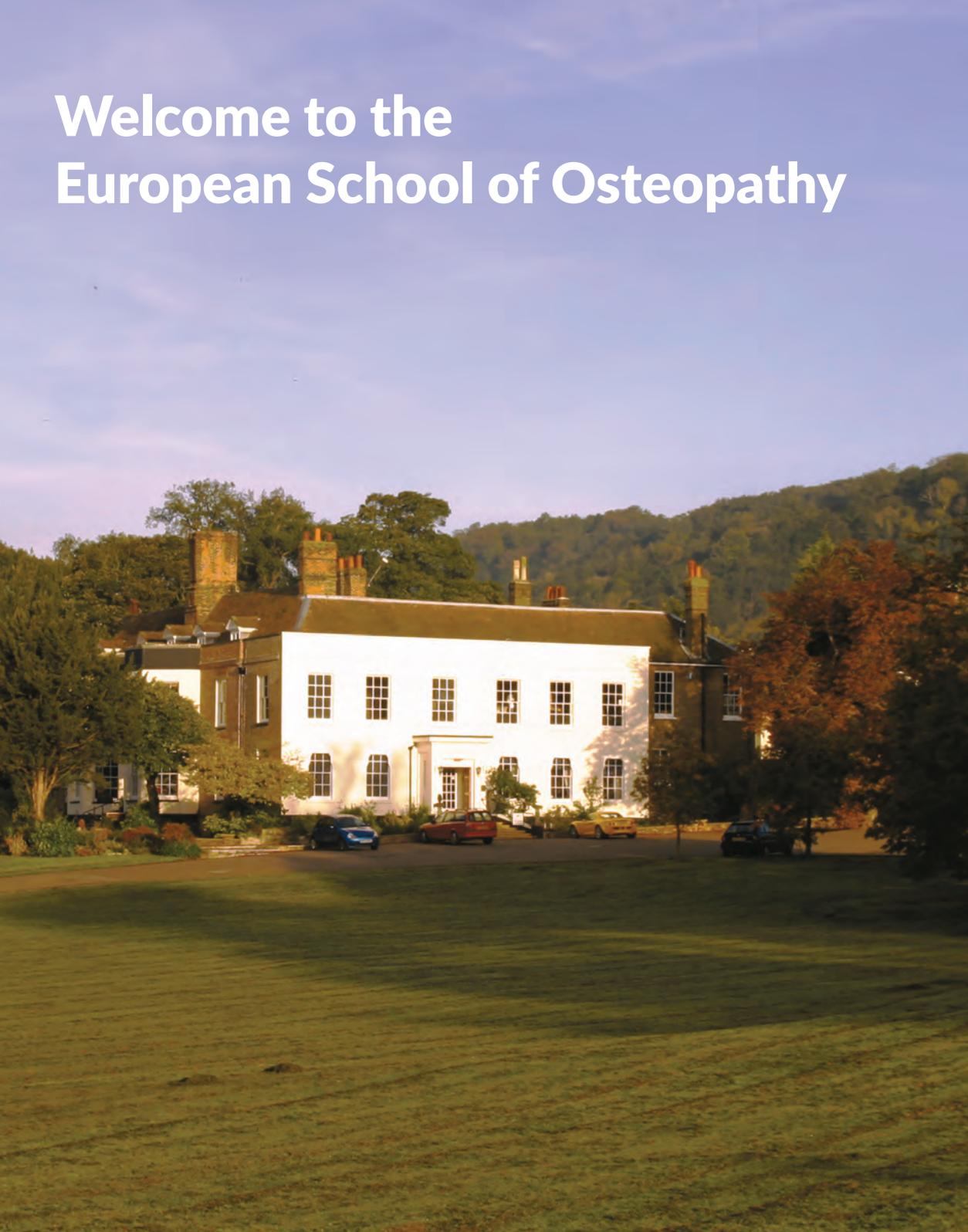


European School
of Osteopathy

Undergraduate Prospectus



Welcome to the European School of Osteopathy



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Welcome to your future

Becoming a student of the European School of Osteopathy ensures lifelong support on your osteopathic journey

Why choose us?

The European School of Osteopathy (ESO) is recognised globally as a leading osteopathic institution and our graduates can be found all over the world, often working at the forefront of the profession.

We are proud of our undergraduate programme, which leads to the Integrated Masters Degree in Osteopathy (M.Ost). Not only do we teach a broad range of osteopathic techniques as part of the core curriculum, we also include a course dedicated to business and personal development. Graduating with such a well-constructed skill set allows you to stand out from the crowd, something that is vital in today's competitive market.

We understand that every student has their own style of learning and their own challenges. As a result, we provide a friendly and encouraging atmosphere to support a range of learning needs and styles.

Studying osteopathy is demanding both academically and physically, but the programme will equip you with all you need to achieve a fulfilling and rewarding career. When you graduate from the ESO, you'll have every skill you need to start a successful osteopathic practice.



“By choosing to study at the ESO you will benefit from a wealth of teaching experience, with people who bring out the best in their students and are passionate about osteopathy.

Choosing to study osteopathy is a life changing decision. That's why we do our utmost to support you every inch of the way.”

Charles Bruford, CEO/Principal

Why choose the ESO?

A broad curriculum

You'll study one of the broadest programmes of osteopathic education in the UK, with cranial and visceral techniques covered as core subjects; from the first week of the course you will start learning practical skills



An established teaching clinic

You'll receive comprehensive clinical training within an established teaching clinic, where you'll be exposed to specialist clinics for sports, headache, women's health and mother and baby care



Academic quality

Learn from the experts; over 95% of our faculty are practising osteopaths, committed to providing the highest quality teaching and learning support and with experience of teaching osteopathy across the world



Preparation for your future career

You'll graduate with a solid grounding in business development so you are ready to set yourself up in practice



A superb location

Boxley House is based in an idyllic setting in the heart of the Kent countryside, convenient for London and mainland Europe



About the School

Our locations

The ESO has two sites, the academic site in Boxley where most of the taught curriculum takes place and the clinical site in Maidstone where students see patients from the local community. Having the two separate locations means that students can relax away from patients when attending a class, but also teaches them to assume a professional edge when visible in clinic.

The historic town of Maidstone is located on the banks of the River Medway in the South East of England, just 35 miles from London. It is a bright and lively town, with all the amenities a student could want. Boxley is a delightful village, with a country pub and church. Whatever your preference, Kent and the surrounding areas are guaranteed to offer something you enjoy.



History of the ESO

The School was founded in Paris in 1951 as Ecole Française d'Ostéopathie and moved to England in 1965. Initially based in London, it relocated to Kent in 1971 where it is now firmly established. Following the move from London, the School first operated from premises close to Maidstone town centre, but the popularity of the course and consequential increase in student numbers meant new premises were needed. In 1996, the School purchased Boxley House campus, which is now the main academic and administrative site. The original Maidstone site accommodates the School's dedicated teaching clinic, where students offer osteopathic treatment to members of the public. Today, we provide over 20,000 consultations a year in the clinic and we have around 240 students at any given time. This offers an outstanding learning environment and an opportunity for all our students to become highly competent osteopaths.

The programme

At the ESO, we appreciate the need for a well-rounded education. As a result, the osteopathic teaching at the ESO reflects all that is truly osteopathic, including practical philosophies of all the great osteopaths, which are integrated into our curriculum. With particular emphasis on the fundamentals laid down by Dr Andrew Taylor Still and progressive consideration of structural, cranial and visceral techniques, our students graduate from us with a solid

set of skills from which to grow. In addition to osteopathic education, you will take classes in communications, career and business planning, marketing and business development. In other words, all that is necessary to start your own business or work with others in a team setting.

Library resources

The Library at Boxley House provides excellent resources to support the School's curriculum.

- more than 7,500 texts including books on a wide range of medical and health sciences
- a collection of mainly peer-reviewed journals in the field of osteopathy and manual therapy
- interactive anatomical software, commercial educational DVDs and a large collection of in-house lectures and tutorials, also on DVD
- more than 150 anatomical models
- a computer suite with internet access and Wi-Fi available throughout the School
- photocopying, printing and scanning facilities
- links with other osteopathic and health libraries enabling inter-library loans of items not held on our site

As a Partner College of Buckinghamshire New University, ESO students also have access to the University's online resources such as databases, journals and e-books.

ESO Library opening hours are arranged to meet student study patterns.

Our student cohort

Our students come from all over the world and range from school leavers to mature students. This offers a degree of cultural and social diversity rarely seen in an osteopathic school and allows skill sharing between students, adding great value to the teaching environment.

Students and lecturers communicate on a friendly and informal basis, so everyone feels at ease. This allows students to ask questions and seek guidance whenever necessary, before challenges escalate to difficulties. Students, staff and faculty pull together to make your time with us as fun and enjoyable as possible. We want your experience to be truly life changing and we want you to be happy.



Research in osteopathy

Our research team is friendly, talented and accommodating, offering all the help our students need to succeed

We actively encourage students to write good quality research papers and continue in the field of research after graduation, because the future development of osteopathy depends upon it. As a stakeholder in the National Council for Osteopathic Research (NCOR), the ESO is committed to the provision of osteopathic research at the highest possible level. Members of our Research Team are qualified as osteopaths and are also experienced researchers, all contributing to publications in peer-reviewed journals and regularly presenting work at national and international osteopathic research conferences. They also support students whose research is of exceptionally high quality, so they may publish their work in international peer-reviewed journals.

The dissertation process

Over the final two years of the programme, you will be asked to produce a dissertation, the aim of which is to expose you to the world of research. You will begin to learn the skills needed for the dissertation in Years 1 and 2 and, with the support of an individual dissertation supervisor, you will start your dissertation during the second term of the third year. This is submitted at the end of Term 1, Year 4. There are various approaches you can take to produce a dissertation, these include: questionnaire studies, experimental designs; qualitative studies using interviews or focus groups, or a structured literature review. For those interested in experimental designs, there

is also a range of equipment available for capturing a variety of data that pertains to physical features such as muscle activity, balance, blood flow, range of movements, cardiac function and others. Writing a dissertation will allow you to demonstrate your skills and understanding in the field of research within osteopathy, and offers you the opportunity to employ higher learning activities such as analysis, synthesis and integration. It also allows you to demonstrate rigor, innovation and originality in scientific thinking and raises your awareness of criticality.

Your supervisor and members of the research team will assist you with the production of the initial protocol, subsequent data analysis and presentation of findings. Students are encouraged to take part in institutional research projects as part of their undergraduate dissertation or are able to design their own research projects in close collaboration with the ESO Research Department. Our highly skilled and experienced published researchers are well equipped to help you with any challenges you may have. They understand that some students have difficulties with the field of research and all that it entails and are ready to guide you as is necessary.

ESO alumni have won the Best Undergraduate Research Prize at the Chiropractic, Osteopathy and Physiotherapy Conference on four occasions since 2011

Academic links

Partnership with Buckinghamshire New University

The ESO is a Partner College of Buckinghamshire New University. The University validates our degree programme, ensuring the highest academic standards are achieved. When you become an ESO student, you also become a registered student of Bucks.

The Graduation Ceremony

The graduation ceremony is an exciting and colourful event, with graduates wearing traditional University gowns, hoods and mortar boards. The celebration culminates in the Graduation Ball, organised by ESO students, where staff, faculty and students join the new graduates and their families to celebrate.

International links

The School has a long tradition of forming international links with organisations across Europe. This has broadened and enriched the standard of teaching at the ESO; we are involved with the improvement of academic and research standards across Europe.

These links provide a wide range of professional opportunities for our graduates, enrich the undergraduate teaching programme and faculty and provide useful professional development and teaching opportunities for our alumni.





What is osteopathy?

Patients' lives are multifaceted, which is why osteopaths evaluate the whole picture

What is osteopathy?

Osteopathy is a distinct approach to healthcare based on the original discoveries and experiences of its American founder Dr Andrew Taylor Still (1828 - 1917). Dr Taylor Still was the first physician to recognise fully that the relationship between the structure (anatomy) and function (physiology) of the body are interdependent and that this reciprocal relationship is vital to physical and mental well-being of the human body. Working mostly with their hands, osteopaths apply a range of techniques to help reduce pain, increase joint mobility, relieve muscle tension and enhance circulation. This helps the patient's own healing mechanism to work more efficiently and promotes recovery. Osteopaths also consider lifestyle factors, levels of activity or sport, dietary preferences and levels of stress.

How do osteopaths work?

Osteopaths assess their patients as unique individuals, reviewing all aspects of their life. A detailed case history is taken during the first consultation, followed by a thorough physical examination. The osteopath will look at factors such as the patient's mobility, posture and general state of wellbeing; and after a thorough examination will arrive at a working diagnosis. After this, the osteopath will discuss their conclusion with the patient and a treatment regime will be decided.

Depending on the osteopath's preferences and the patients they see, day-to-day activities could vary considerably. Those who like sports related conditions may work closely with sports teams providing pitch side support. Whilst those who specialise in the care of mothers and babies may well be clinic based, working closely with other antenatal specialists.

What conditions do osteopaths treat?

Osteopaths help to provide relief from structural, mechanical and functional problems in people of all ages and achieve this by restoring the body's equilibrium and balance. Sometimes this is achieved through the use of osteopathic treatment, sometimes through exercise and lifestyle recommendations.

After graduation it's common for osteopaths to develop their expertise in specialist areas of osteopathy. This could include paediatrics, sports medicine, animal osteopathy and advanced visceral training.



Osteopathy can help:

- Sports related injury
- Expectant mothers
- Newborn babies
- Muscular aches and pains
- Age related joint pain
- Stress-induced headache
- Issues caused by poor posture
- And lots more...

A career in osteopathy - your options

Osteopathy offers graduates a wealth of flexibility. You can work where you like, with whom you like and whenever you choose

Osteopathy tends to attract those who want their own business and like the idea of working autonomously or as part of a small team. It's also an excellent choice for those who want to juggle a business and a family.

Most osteopaths are self-employed, although some choose to work within an established practice as an associate. This offers work opportunities in a more supportive environment. For those reaching out on their own, renting an office in a town or within another healthcare clinic (such as a dental practice) is not uncommon. In some cases individuals work within the National Health Service (NHS), although this is usually on a contractual basis and not employed. We also have a large fraternity of ESO graduates who choose to set up overseas.

Career progression

As you have read, osteopathy offers a wealth of opportunity, but you might be wondering what our graduates go on to do. Many osteopaths choose to work in general practice, where they will see a variety of patients ranging from newborns to the elderly. Sports injury clinics are a common attraction to those with active backgrounds or experience in the field of sport, whilst mother and baby clinics are popular with those who love working with children. We also have a large number of alumni who travel around the world after they graduate to seek out new opportunities before settling down.

Animal osteopathy

Osteopathy offers an exciting route for those with an interest in animals. You can find information about the ESO's part-time postgraduate courses on our website or by emailing animalosteopathy@eso.ac.uk.

Income

Income as an osteopath is variable, as with all self-employed careers. However, a recent census* of the profession showed average turnover per osteopath is around £46,500 per annum and, for those with an interest in growing a business, an annual turnover in excess of £70,000 a year is not insurmountable.

* Institute of Osteopathy Census 2014



Sports injury clinics are a common attraction to those with active backgrounds

Our Programme

Distinguishing features of the M.Ost

As with all UK osteopathic training programmes, the M.Ost curriculum complies with the requirements of the Osteopathic Practice Standards and the Osteopathy Subject Benchmark Statement. Distinguishing features of the ESO programme include:

- The osteopathic curriculum is uniquely diverse;
- The curriculum is fully integrated ensuring that within each of the four years students are able to appreciate how each module integrates with its fellow modules;
- The curriculum at every stage is clinically contextualised;
- A clinical internship within the School's teaching clinic, that the students undertake from Yr 3, with early-stage clinic observation and case-based reflection in Yrs 1 & 2;
- Work-based elective options in Yr 4 that allow the student to prepare for practice life in a selected area;
- A programme that has Recognised Qualification status of the General Osteopathic Council, allowing graduates to apply for registration to practise as osteopaths in the UK and, to a more limited extent, overseas.

Assessment

A broad range of assessment methods is used to capture the maximum potential of the students, including:

- Coursework
- Poster presentations
- In-class test
- Portfolio
- Clinical assessments
- Theory & practical exams
- Research dissertation

The teaching and learning methods include:

- Lectures
- Practical classes
- Seminars
- Problem-based learning
- Student presentations
- Reflective work

	Year 1 (Level 4)	Year 2 (Level 5)	Year 3 (Level 6)	Year 4 (Level 7)
Core Knowledge	Anatomy I Embryogenesis; Anatomy overview; Palpation & Anatomy; Joints; Prosection Pathophysiology I Organisation Levels; Homeostasis; Support & Movement; Nervous System - Pathology & Pharmacology	Anatomy II Gross structure of the viscera; Nervous system - structure & function; Impact of Osteopathic treatment; Embryological development; Prosection Pathophysiology II Physiology & common diseases; Oncology; Brain pathophysiology & psychiatric conditions Clinical Methods Case History skills; Differential Diagnosis; Medical Imaging; Systems examination; Orthopaedic tests	Pathophysiology III Physiology & pathology of body systems & common treatments	
Integration	Clinical Integration I Case History and Differential Diagnosis; Constructive physical examination; Patient treatment and management	Clinical Integration II Integrated osteopathic management	Clinical Practice I Students learn to take clinical responsibility for their own case load	Extended Practice Patient management/treatment of patients with complex needs or co-morbidities; Co-Management of patients; Work-based elective options Clinical Practice II Students take full clinical responsibility for own case load
Osteopathic Skills	Osteopathic Technique Concepts & Evaluation I Osteopathic concepts & evaluation; Patient handling; General Osteopathic Treatment; Osteopathic technique	Osteopathic Technique Concepts & Evaluation II Osteopathic principles, concepts and evaluation and treatment; General Osteopathic Treatment; Direct, indirect and balanced techniques; Soft tissue techniques; Adaptations of approaches; Biomechanics	Osteopathic Technique Concepts & Evaluation III Integration of theory with practice; Osteopathic clinical examination & general osteopathic treatment; Paediatrics, care of children, care of the geriatric, sports injuries; Muscle energy technique; Strain counter-strain; Cranial and Visceral techniques	Applied Technique & Evaluation Consolidation of technique applications; Treatment management; Osteopathic concepts and evaluation - consolidation
Professionalism & Identity	Professional Skills & Identity I Research & Critical Thinking; Osteopathic tradition & evidence; Regulation in Practice; Sociology & epidemiology; Reflective Practice	Professional Skills & Identity II Research & Osteopathy; Ethics & Statistics; Hierarchy of evidence; Criticality; Communication; Biopsychosocial model; Pain psychology	Research Methods & Statistics Descriptive inferential statistics; Research Methods Professional Skills & Identity III Professional skills; Clinical psychology; Setting up a practice	Research Dissertation Research dissertation based around one or more research methods Professional Skills & Identity IV Practitionership; The job application



Clinical education

Each student will spend over 1,200 hours in the Clinic, including a minimum of 50 new patient interactions

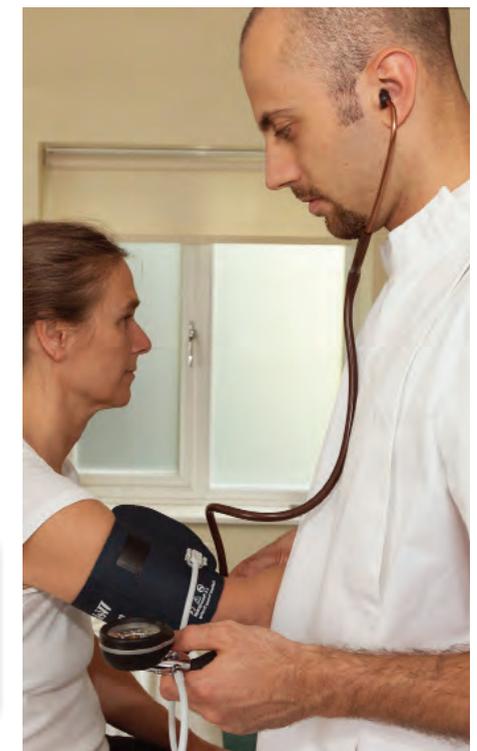
Clinical education is a pivotal part of an osteopathic student's studies and one of the School's strengths is the clinic facility it offers students and the local community. Over 20,000 treatments are carried out each year by third and fourth year ESO students under the supervision of clinic tutors, who are experienced, practising osteopaths.

The ESO also offers a satellite charitable clinic that helps to integrate osteopathy into the community, providing access to osteopathic treatment for those for whom it might not otherwise be available.

In the clinic, students are able to put into practice the knowledge and skills they have acquired over the first two years of the M.Ost programme. As they continue to gain knowledge, skills and experience they will further develop towards the ultimate aim of becoming an autonomous, competent and successful healthcare practitioner.

The Integrated Master's Degree in Osteopathy provides students with gradual exposure to the clinical environment. Each student will spend 1,200 hours in the Clinic (a combination of treating and observing), which includes a minimum of 50 new patient interactions. Students will see a broad variety of patients, from all social backgrounds, ages and occupations, and from a wide geographical area. As well as the general outpatient clinic, the ESO offers a variety of specialist clinics that allow students to gain a range of experience with varying patient groups and conditions. These include:

- Maternity & Children's Clinics
- Sports Clinic
- Headache Clinic
- Women's Health Clinic
- MSK Diagnostic Ultrasound Clinic



We teach a broad range of osteopathic techniques, with cranial and visceral techniques taught as core subjects

"I thought it was great that practical classes started on the first day"
ESO student feedback

Student support

The ESO prides itself on its friendly, supportive, yet professional atmosphere

All our staff are approachable and are happy to help with daily problems that students may encounter. Nevertheless we recognise that occasionally there are problems that require a little extra help. Whether you are homesick, struggling with your studies, finances etc, or simply need someone to talk to, our Student Welfare Officer will be able to provide support and guidance.

Disabilities

The ESO is committed to treating all of its students fairly and equally. We have experience of supporting students with a range of disabilities and learning needs.

Dyslexia

We have a Dyslexia Tutor who supports our students with learning differences in a variety of ways. The Dyslexia Tutor can support students with their study skills, preparation of coursework assessments and coping strategies during exam times. Our Student Welfare Officer can also support students with time management, exam preparation, exam stress and essay writing skills.

Personal Tutor

Personal Tutors are seen as vital for helping students feel part of the ESO community. They act as the first formal point of contact throughout the duration of the course

and offer academic guidance as you progress, helping support your autonomous learning. Personal tutors also provide pastoral support should difficulties arise and will help guide and encourage you in seeking career development opportunities, providing a reference upon request. They can also signpost you to other sources of support within the School for advice and guidance.

Accommodation

We don't have halls of residence but there is a range of affordable housing in Maidstone. The School produces comprehensive lists of housing through the summer, which can be viewed online via the ESO Learning Zone. The Learning Zone is made available to students once they have accepted a place on the course, enabling them to get in touch with others prior to starting. Help and advice on letting agreements is available from our Student Welfare Officer. We have good working relationships with local landlords so if students ever have difficulties we'll do all we can to help.

"I felt very supported in finding a house. The School sends regular email updates and asks how your search is going"

ESO Student feedback

ESO Student Association

The ESO has a flourishing Student Association (ESOSA). Members of the ESOSA help boost our students' social life by organising events, such as the inter-collegiate sports day, and generally ensuring the student experience at the School is a happy one. From the Fresher's Party to the Graduation Ball, the aim is to make the students' years at the ESO exciting, fulfilling and enjoyable.

Student life

With around 240 students at the ESO, you'll never feel that you are an anonymous face in a crowd

Boxley campus

The School has a very warm and friendly atmosphere. Our international reputation attracts applicants from all over the world and the diversity of nationalities represented at the School marks us out as a truly cosmopolitan institution, with on average 25 different countries represented at any one time. The student body comprises a wide range of people of all ages and diverse backgrounds.

At Boxley House the setting itself provides a relaxed atmosphere in which to study and our students are able to take full advantage of the extensive grounds and surrounding countryside. With rural walks literally on their doorstep and riding stables within 10 minutes of the campus, ESO students are perfectly placed to enjoy the beauty of Kent's countryside. There is a subsidised canteen, with refreshments available throughout the day, along with more substantial lunch-time meals. The friendly kitchen staff do their best to accommodate special dietary needs.

Living in Maidstone

Maidstone lies at the heart of Kent. Walking through its streets you can find plenty of evidence of its rich and colourful past, with many buildings dating back to the 15th century. The town itself is set on the River Medway, which is ideal for water-based activities and attracts many boating enthusiasts. Mote Park offers a huge green open space in the centre of town. Along with the thirty acre lake, its vast number of mature trees create a landscape of tranquil beauty.

When it comes to shopping, there are plenty of options to suit all tastes and budgets; Fremlin Walk offers a stylish open-air shopping centre and hosts some of the larger department stores, while The Mall provides a spacious indoor alternative. The Royal Star Arcade is home to smaller, specialist shops; Maidstone offers one of the largest selections of independent retailers in the country, with an eclectic mix of businesses along its ancient streets.

Along with numerous health clubs and swimming pools, many offering discounts to students, Maidstone offers a cinema complex and bowling alley conveniently located in the centre of town. Local pubs offer reasonably priced food or you can choose from a range of cuisine in Earl Street, where you will also find the Hazlitt Theatre. Maidstone has an excellent nightlife, with a variety of clubs catering to different ages and tastes in music, which draws thousands of people into the town each weekend.

Exploring Kent

The county of Kent, often referred to as the Garden of England, is popular with tourists, who come in their thousands each year to visit its castles, vineyards and picture-postcard villages and to explore the 120 miles of accessible coastline. Being in the south-east of England, the county enjoys a warmer and drier climate than most of the UK. From the popular seaside resorts of Whitstable and Broadstairs to the wide open shores of Dover and Deal, Kent's coastline offers something for everyone. The River Medway and the Thames Estuary provide opportunities for water sports enthusiasts,

and Bewl Water country park is home to sporting facilities for sailing, rowing and canoeing. Less than an hour from Maidstone lies Canterbury, dominated by its famous cathedral and renowned for its beautiful historic buildings. Museums and art galleries are spread throughout the city and Canterbury also has a good mix of department stores and smaller outlets. Leeds Castle, just outside Maidstone, is reputed to be one of the world's loveliest castles and regularly hosts classical music and pop concerts. Nearby Rochester, home to England's second oldest cathedral, also holds festivals to celebrate its ties with the author Charles Dickens, and the county's hop-picking heritage is marked each year at Faversham's lively Hop Festival.

Transport links

Maidstone has excellent road and rail links; London is less than an hour by train and France less than two. Eurostar terminals at Ebbsfleet and Ashford International stations make it quick and simple to reach mainland Europe and the Channel Tunnel is just a 25 minute car journey away. Bluewater, one of Europe's largest shopping centres, is 40 minutes away.



Inter-collegiate Sports Day



Maidstone town centre *



South Kent coastline *



Views around Boxley campus



Historic Canterbury *

* Images courtesy of Visit Kent

Entry criteria

The School welcomes qualifications from a wide range of academic backgrounds from the UK as well as overseas. Each application is considered on a case-by-case basis, taking into account all the information provided on the application form and performance at interview. We will give equal consideration to candidates who have qualifications that are equivalent to the typical offers listed below.

GCE A Levels

The ESO's normal entry requirement for A-levels are grades BBB to include two science based subjects. These science subjects may include Biology, Chemistry, Physical Education (PE), Physics, Psychology, Mathematics, and Sports Science.

BTEC Qualifications

We recognise a number of BTEC qualifications that are health, science or sport related. The typical offer for a BTEC Extended Diploma would be: Distinction, Distinction, Merit (DDM). Applicants should select appropriate subjects within the BTEC qualifications including anatomy and physiology. Please contact the ESO Admissions Team if you would like advice. We also accept a mix of A-level and BTEC qualifications,

Mature students

We welcome mature applicants. Many health and massage related qualifications, at an appropriate level, are accepted and life experience is taken into consideration. The Access to HE Diploma are also accepted. Please visit our website for details.

Summer Science Course (SSC)

Students who have studied at higher level previously (eg A-level, Degree, Baccalaureate etc) but do not have a science background may qualify for entry via the two week SSC,

which takes place in August. This bridging course is designed to provide the science knowledge required for entry onto the programme.

Candidates wishing to qualify for entry via this route should first apply for the undergraduate degree programme through UCAS (see How to Apply). Suitable applicants will be invited to attend an interview and, if successful, will be offered a place on the M.Ost conditional upon passing the SSC. You are welcome to contact us for an informal assessment prior to submitting an application.

EU and International Students

We are a multi-national school and accept qualifications that are equivalent to A-levels such as the Baccalaureate, Abitur, Irish Leaving Certificate etc. In most cases we will be able to establish the equivalence, but on occasion we may ask that a certified translation is provided.

The ESO holds a Tier 4 Sponsor Licence, which enables us to issue International (non EU) students with a Confirmation of Acceptance for Studies (CAS) - a unique reference number needed in order to obtain a UK entry visa.

English Language Requirement

Studying in a second language is challenging and we require a minimum level of English proficiency prior to joining the M.Ost programme. This is discussed at interview, when we may decide that a formal English Language qualification is required. In such cases we will normally ask for a pass in the Academic IELTS at 6.5 overall, including a score of at least 5.5 in the writing section. In order to obtain a student visa, International (non-EU) applicants will need to have passed the IELTS with the above mark.

How to apply

All applications must be submitted online through the Universities & Colleges Admissions Service (UCAS) at www.ucas.com. The official UCAS deadline is 15 January but we will consider applications after that date, subject to availability of places.

Selection process

Each application is read carefully by a member of the Admissions Team, who will make their decision on whether to interview based on:

- the qualifications achieved (or working towards)
- the content of the personal statement
- the reference

Personal statement

The personal statement on the application is an opportunity for the applicant to demonstrate they are a suitable candidate for our degree programme and ideally it should:

- inform us of the reason for wishing to study osteopathy
- provide a brief outline of an understanding of osteopathy
- demonstrate what the applicant has done to research the subject (work experience, reading etc)
- explain why they think they would be a suitable candidate to join the course

We strongly advise that applicants have observed or experienced an osteopathic treatment. Visit the GOsC website for a listing of osteopaths in your area.

Reference

The reference should be provided by someone who is not a relative or friend. Suitable reference providers are former or current teachers or employers. It should contain information about academic potential

and general suitability for the course. Personal qualities such as commitment and communication skills may be commented on. All students are required to undergo a criminal records check through the Disclosure and Barring Service.

Interviews

Suitable applicants will be invited to the ESO for interview, which forms the final stage of the selection process.

Equal opportunities

We are committed to treating all students and staff fairly and we do not discriminate on grounds of race, gender, sexual orientation, disability, religion or belief. We welcome students from a variety of backgrounds. If you have any specific needs arising from disability, please mention this to the Admissions Team as early as possible. The Student Welfare Officer will then contact you to discuss your needs so that we can make appropriate arrangements. The special demands of this highly hands-on clinical programme have to be considered realistically at this stage.

Deferred entry

The ESO will allow applicants to apply for deferred entry, providing the entry conditions are met in the year they are set. It is not possible to defer conditional offers. Applicants who have applied through the clearing process may not defer their entry.

UCAS application codes:

Institution name: ESO
Institution code: E80
Course code: B310

Fees and funding

Fees for the current academic year are posted on the ESO website. All eligible undergraduate Home and EU students may apply for a loan from the UK Government to cover their tuition fees. Loan applications should be made through the Student Finance England website: www.gov.uk/studentfinance.

As a Partner College of Buckinghamshire New University, tuition fees are payable to and collected by them. When completing your loan application form you should ensure you apply for a loan to study at Buckinghamshire New University (Code: B94, Campus Code: E). For loan application purposes the ESO course is classed as a franchise course.



Tuition fee loans are repayable after you have graduated and are earning above the repayment threshold. Repayment thresholds vary within the different EU countries - please see our website for details.

Students who choose to self-fund can either pay their tuition fees in full at the time of registration or via installments in September, January and April.

Maintenance support

UK students are eligible to apply for a maintenance loan from the Government to help with living costs. The amount they can borrow depends on household income. Students are also able to apply for grants if they are disabled or need help with childcare costs. For further details visit: www.gov.uk/studentfinance.

International students (non EU)

International fees for the current academic year are posted on the ESO website. There is also a comprehensive International Student Guide on the website, which provides comprehensive information about joining the School. For useful information about visa requirements, studying in the UK and the associated costs we also recommend www.ukcisa.org.uk or www.ucas.com.

Further information

For more information about tuition fees and to view our admissions policies please visit www.eso.ac.uk.

What our Alumni say

“

I'm in Melbourne now after graduating in July. I found it super easy to get a job before I even got here, and employers are so impressed at the level of technical skill I've been able to demonstrate; they can't believe how much experience we get with children and cranial at the ESO, and the clinical hours we do. As new grads we have such a huge advantage over people from other colleges in the UK and the world.

I genuinely think the ESO is the best place to study osteopathy and that's before even factoring in the wonderful people who studied with me, or the great staff that make it such a lovely place to be for four years. Studying at the ESO means never having to go through anything alone, it's such a wonderful atmosphere that gets fostered there.

A Brown (Class of 2015)

The broad range of techniques taught at the ESO gave me the confidence to start my working career being able to welcome patients of all ages for treatment, from tiny newborns to the very elderly. As a mature student (30) I was concerned about fitting in, but age was irrelevant here, we all worked together as a team to achieve our goals. I can't imagine doing anything else now, I love my job!

S Millington (Class of 2014)

It was really nice to meet lots of other osteopaths from New Zealand, Australia and other UK schools when I attended a cranial course; the biggest thing that stood out to me and other ESO graduates was how lucky we were to have gone to the ESO. Many people said they wished they'd trained there, or how appealing it was when looking for associates. Most of the other osteos had not yet learnt any functional techniques, so we felt most privileged! It is also amazing how, despite being on the other side of the world, we have met lots of ESOers who all have the same wonderful connection!

G Ash (Class of 2015)

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Visiting the School

Open Days

The best time to visit is on one of our Open Days; these are held on a regular basis throughout the year; dates are posted on the ESO website or can be obtained by telephoning the School.

Open Days are informal but fairly structured half-day events, which provide information on osteopathy as a career, the programme, entry procedures, accommodation and finance. The Open Day includes a tour of our premises at Boxley House and a visit to the teaching clinic in Maidstone. There you will have a chance to meet some of our third and fourth year students and get their views on student life at the ESO.

Throughout the day you are encouraged to ask questions - we are also happy to speak to you on an individual basis about

any particular issues you may have. There is an opportunity to observe lectures during the afternoon. Applicants who have been selected for interview and have some distance to travel will, where possible, be offered an interview on the same day.

Open Days are very popular and places are limited. Advance booking is, therefore, essential. You can book online via our website or by contacting our Admissions Team on +44 (0)1622 671558 or emailing admissions@eso.ac.uk.

Taster Days

Taster Days are ideal for those who want to experience life as an ESO student. You can attend all or part of the day, attending a mixture of practical and theory lectures. A visit to the teaching clinic is included in the Taster Day and in certain circumstances applicants selected for interview may be offered an interview on the same day. Our faculty and students are extremely friendly and will make you feel very welcome.

Individual visits

We are happy to arrange visits on an individual basis. Please contact the Admissions Team who will be happy to arrange this for you.

"I have to say, my expectations were more than met. The faculty, environment, atmosphere and facilities are outstanding"

Open Day attendee - January 2015



Directions

By Rail

From London Victoria: there is a regular train service to Maidstone East. The journey takes approximately 50 minutes. The Boxley site is approximately two miles from Maidstone East station. By taxi, the journey from the station will take around 10 minutes.

By Air

The nearest airports are London Gatwick and London Stansted.

By Road

M20 Junction 6: From London Turn off the motorway. At the first roundabout turn right, following signs for Maidstone / Boxley. Go under the bridge and at the "Running Horse" roundabout take the first left (Sandling Lane). After approximately one mile turn left at the "Penenden Heath" mini roundabout and the School is situated one mile further, on the right (opposite the Kings Arms public house and to the left of the church)

M20 Junction 7: From the coast Turn off the motorway towards Maidstone, turn right at the first roundabout towards the town centre. At the next roundabout take the second exit, following signs for Penenden Heath. After approximately a third of a mile turn right at the mini-roundabout and the School is situated one mile further, on the right (opposite the Kings Arms public house and to the left of the church)

Please be aware that satellite navigation and online route planners have, in the past, directed drivers onto the Pilgrims Way. This is a narrow country lane that can be difficult to traverse, particularly during the winter months. If you do intend to use a planner then the postcode ME14 3DR may provide a more suitable route.

Free parking is available on site. Directions for the clinic site are available on request.

Contact us

European School of Osteopathy
Boxley House
The Street
Boxley
Maidstone
Kent ME14 3DZ

(For satnav please use ME14 3DR)

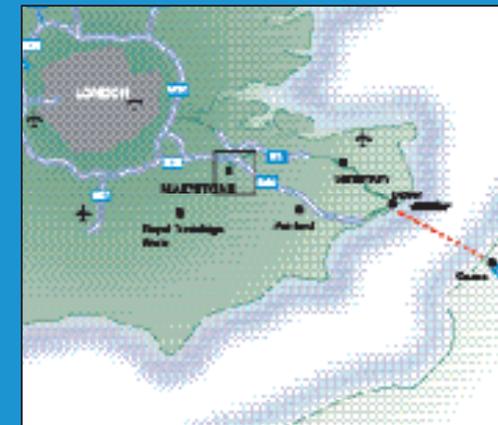
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The information provided in this prospectus is correct at the time of going to print. For the most up-to-date information please visit our website www.eso.ac.uk.



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