



PROFESSOR TIM WATSON

I trained as a physiotherapist (mid 70's) at the West Middlesex Hospital School of Physiotherapy. I worked in the National Health Service in the West London area for the next few years (mainly out patients, musculoskeletal, orthopaedics, rheumatology and hydrotherapy) then returned to West Middlesex to take up a teaching position in the early 1980's. I did a BSc in Biomedical Sciences (University of Westminster) and then a PhD in Biomedical Engineering (University of Surrey) in 1994. My thesis was on the 'Bioelectric Correlates of Musculoskeletal Injury and Repair'.

The West Middlesex School became West London Institute School which went on to become the Physiotherapy School at Brunel University, where I was head for a while before leaving in 1998 to take up post as Head of Physiotherapy at the University of Hertfordshire. I became Professor of Physiotherapy in 2005.

My interest in electrotherapy and tissue repair stem (I think) from my clinical interest areas, my exposure to a range of sports medicine roles and from being asked (well, told actually) that I was teaching these courses on the undergraduate programme back in my early teaching days! Reading through the then available published texts, I was struck how some of the claims made just could not be true or possible and appeared to be almost completely unreferenced, so I set about making a decent set of notes from which I could teach something as close to the 'truth' as I could get it. My teaching interest developed into a research interest which then became a bit of a hobby horse and a passion, from which I have not recovered (yet).

The tissue repair work - my other professional fascination area - really stems from the same background, and once I started looking at how tissues repair, I became totally engrossed in the stunning abilities of the body to repair a whole range of tissue insult, and the more I looked at the detail, the more clever one realises that it is - and I am sure that I have not even scratched the surface yet!

Anyway, that will do for the moment - who knows what will be coming next