

# Looking for a CPD Course?

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## Tissue Repair Study Day

**Date: Saturday 10 November 2012**

**Course Leader: Professor Tim Watson**

This study day takes the current issues and research evidence in Tissue Repair and considers them in some detail and then aims to explore how manual therapy, exercise therapy and electrotherapy can influence the processes involved. The course has been tailored to meet the needs of osteopathic practitioners.

It is commonplace in therapy practice to be dealing with damaged, repairing or poorly repaired tissue. This would include patients with a wide range of musculoskeletal tissue insults, repetitive or overuse conditions and several different degenerative presentations. Understanding how damaged tissues undergo repair is therefore central to our management for all of these patient groups. There is no doubt that manual therapy, exercise therapy, heat, cold and several electrotherapy modalities can influence the repair events. If a physiological process can be influenced in a positive way, it must also be possible to have a detrimental effect - which clearly we wish to avoid. The Tissue Repair programme will explore current issues in terms of tissue repair processes, explore, with evidence, the effects of therapy interventions and consider the emerging techniques which we may add to our toolkit in these regards. The information will be made as accessible as possible such that it can be employed with immediate effect in practice.

**Course limited to 30 places**

**Cost: £135**

**CPD: 7 hours**

**Location: ESO Boxley House**

For further information please contact:

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