

# Looking for a CPD Course?

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## NLP in the Art of Osteopathy

Saturday 24 November 2012

Course Leader: Paul Brown

***“For there is nothing either good or bad but thinking makes it so”***

Shakespeare, Hamlet

This course is aimed at both undergraduates and postgraduates – no previous NLP training or knowledge is required, just an openness to explore new ideas. The course is highly interactive and represents an opportunity to try different ways of thinking and behaving in a safe learning environment. The outcomes include:



- Gain an understanding of NLP as an applied psychology
- Learn how its concepts and principles relate to osteopathic practice
- Become aware of own and patient belief systems and how they affect results
- Learn (& try out) tools and techniques with a view to improving patient outcomes
- Improve the scope for interdisciplinary working
- Discover how to be a successful practitioner in the widest sense

Paul Brown is an NLP practitioner who founded 'Empowering Beliefs' ([www.empoweringbeliefs.co.uk](http://www.empoweringbeliefs.co.uk)) to help individuals and organisations achieve their potential by utilising previously untapped resources. He graduated from the BSO in 2006 and although no longer a practicing osteopath, Paul continues to work closely with healthcare professionals and is fascinated in how the mind can help or hinder the healing process.

**Cost: £135**

**CPD: 7 hours**

**Location: ESO Boxley House**

For further information please contact:

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