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Dr Alan Stewart presents

Nutritional Management of Common Medical Conditions

Saturday 12 May 2012

This one-day course will build on the basic principles covered in Part 1 (held in October 2011). Delegates should ideally have attended Part 1 or have a reasonable working knowledge of nutrition, biochemistry or medicine.

Emphasis will be placed on diagnosis, recognition of patients who require medical assessment and simple nutritional approaches that are appropriate for osteopathic and naturopathic practice. Details of relevant medical guidelines will also be provided. As well as covering a broad spectrum of medical problems, emphasis will be given to musculo-skeletal disorders.

Cost: £75
CPD: 7 hours
Location: ESO Boxley House

Dr Alan Stewart qualified from Guy's Hospital and established his own nutrition-based practice thirty years ago in Sussex and London. He has co-written or written many books on nutrition and women's health. He has lectured at ESO for the last 4 years and versions of these lectures are available on his website www.stewartnutrition.co.uk Dr Stewart has also been a guest lecturer at the British Osteopathic Association.



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